

# Hello there ...

**Ruth  
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District Governor,  
District 31  
Toastmasters



## **What does your group do?**

Toastmasters International is dedicated to helping people develop and improve their public speaking skills by training members in the arts of thinking, listening, and speaking. While each member sets his or her own goals, all members work within a club to improve their communication and leadership skills. We have people at many different levels of skill.

## **Why do you think people fear public speaking?**

Public speaking is an area which many have no experience, so there is the fear of embarrassment, fear of failure, fear of looking foolish, fear of rejection.

## **How does your organization help people deal with public speaking?**

In a Toastmasters Club, members help other members by applying the skills of speaking and listening. The Communications and Leadership manual outlines objectives for 10 prepared speeches. In a step-by-step manner, you learn to control your nervousness, organize your speech, expand your vocabulary, and persuade the audience.

## **How can someone register for your class?**

They aren't class per se, so people can become members of a club at any time of year and progress through material as best suits their schedule. Visiting is free, membership is inexpensive, the friendships are priceless! You can find a club on the Toastmasters web site at <http://www.toastmasters.org>.

Christina Wallace